

EIPP COMPREHENSIVE HEALTH ASSESSMENT (CHA): Postpartum

Date: _____ ID Number: _____ Indicate CHA (circle one): Initial (if not already done prenatal) 2 Month 4 Month 6 month 8 Month 12 Month

Last Name: _____ First Name: _____ DOB: _____ Age: _____

Street Address: _____ City: _____ State: MA Zip Code: _____

Mailing Address: _____ City: _____ State: MA Zip Code: _____

Phone Number: _____ Alternate Contact: _____

Check here
if there are no
changes to
the street and
mailing
addresses

OB/GYN Name: _____ OB/GYN Phone Number: _____ Prenatal Care Began (circle one): 1st 2nd 3rd # Prenatal Visits: _____

OVERALL LEVEL OF STRENGTH:

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

PROBLEM LIST:

Problem	Date Identified	Actions Taken	Date Resolved

INFANT & POSTPARTUM INFORMATION

Baby's First Name: _____ Baby's Last Name: _____ Baby's DOB: _____ Baby's Birth weight: _____ Baby's Gender (circle one): M/F

Type of Delivery: _____ Complications? _____

Pediatrician's Name: _____ Pediatrician's Phone Number: _____

Immunizations Hep 1 2 3 Dtap: 1 2 3 Hib: 1 2 3 IPV 1 2 3 PCV7 1 2 3

B:

HOUSEHOLD COMPOSITION:

Name	Gender	# weeks Pregnant	Due Date	Plan to BF?	Age	DOB	Relation	Living in Home?	English?	Concerns
	F						Self	Yes		

KAA#1: Access and Utilization of Care				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
1a: Housing	Unable to Assess	<ul style="list-style-type: none"> Repeated Hx /current homelessness At risk of eviction No working phone 	<ul style="list-style-type: none"> Hx/at risk of homelessness Owes back rent, fuel & utilities Phone recently disconnected 	<ul style="list-style-type: none"> Hx of maintaining stable housing Fuel/Utilities on, paid, & functioning long term Working telephone available
1b: Health	Unable to Assess	<ul style="list-style-type: none"> No health insurance No access to medical or dental care 	<ul style="list-style-type: none"> Healthy Start or Free Care At risk of losing health insurance Some barriers to accessing medical and/or dental care 	<ul style="list-style-type: none"> MassHealth or private insurance Receives medical home with regular care Receives regular dental care
1c: Education	Unable to Assess	<ul style="list-style-type: none"> Less than 10th grade education Unable to set educational or career goals 	<ul style="list-style-type: none"> High school diploma or GED Sets and pursues short term educational and career goals 	<ul style="list-style-type: none"> College or advanced degree Sets and pursues long term educational and career goals
1d: Economics	Unable to Assess	<ul style="list-style-type: none"> No or minimal income FOB not contributing financially Loss of job/school due to pregnancy No child care available No transportation Unable to prioritize or budget 	<ul style="list-style-type: none"> Unable to meet all basic financial needs FOB inconsistently contributes financially Job/school threatened by pregnancy Sporadic child care available Sporadic transportation available Needs assistance budget/prioritizing 	<ul style="list-style-type: none"> Adequate income for living expenses FOB contributes financially Job/school accommodating pregnancy Adequate child care available Reliable transportation available Able to budget and prioritize
1e: Community Support	Unable to Assess	<ul style="list-style-type: none"> No culturally & linguistically appropriate information about community resources and services available Overwhelmed and immobilized Unable to access services No social supports and isolated 	<ul style="list-style-type: none"> Limited culturally & linguistically appropriate information about community resources and services available Hx of difficulty in accessing services Limited friends and family in area are supportive/ helpful when needed 	<ul style="list-style-type: none"> Has culturally & linguistically appropriate information about community resources and services available Hx of success in accessing services Friends and family in area are supportive and helpful when needed
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Access and Utilization of Care Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#2: Women's Health				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
2a: Family Planning	Unable to Assess	<ul style="list-style-type: none"> No knowledge of BCM Never used/no plan for BCM Unplanned pregnancy Recent STI Unable to negotiate BCM w/ partner 	<ul style="list-style-type: none"> Verbalizes BCM options Used BCM in past Unplanned pregnancy Hx of STI Conflict with partner on BCM use 	<ul style="list-style-type: none"> Success with BCM Planned pregnancy No Hx of STIs Partner supportive of BCM
2b: STI's/HIV	Unable to Assess	<ul style="list-style-type: none"> Never practices safer sex High risk for STI 	<ul style="list-style-type: none"> Usually practices safer sex Moderate risk for STI 	<ul style="list-style-type: none"> Practices safer sex Low risk for STIs
2c: Reproductive Health	Unable to Assess	<ul style="list-style-type: none"> Inadequate PNC No PP appointment No knowledge of normal maternal physical changes in 1st year of parenthood 	<ul style="list-style-type: none"> Adequate PNC PP appt scheduled Some knowledge of normal maternal physical changes in first year of parenthood 	<ul style="list-style-type: none"> Adequate PNC Keeps PP appointments Knowledgeable of normal maternal physical changes in first year of parenthood

2d: Other Women's Health Concerns	Unable to Assess	<ul style="list-style-type: none"> No knowledge of health concerns PCP not identified Inadequate Hx of physical exam with screenings 	<ul style="list-style-type: none"> Some knowledge of health concerns Identifies PCP Irregular Hx of physical exams with screenings 	<ul style="list-style-type: none"> Understands health concerns Identifies PCP Annual physical exam with screenings-knows results
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Women's Health Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#3: Oral Health				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
3a: Mom's Oral Health	Unable to Assess	<ul style="list-style-type: none"> Never received dental care No cleaning during pregnancy Irregular brushing Does not use floss No Fluoride 	<ul style="list-style-type: none"> Irregular dental care No cleaning during pregnancy Brushes daily Irregular floss Occasional fluoride in diet 	<ul style="list-style-type: none"> Regular dental care Cleaning during pregnancy Brushes at least 2x day Flosses 1x a day Fluoride in diet
3b: Baby (Newborn to 6 months) oral health	Unable to Assess	<ul style="list-style-type: none"> Bottle propping observed Gums are not cleaned No fluoride in diet Verbalizes lack of knowledge of role of fluoride and strong teeth 	<ul style="list-style-type: none"> May bottle prop occasionally Gums cleaned irregularly Occasional fluoride in diet Verbalizes some knowledge of role of fluoride in making strong teeth. 	<ul style="list-style-type: none"> No bottle propping Gums are cleaned daily Fluoride in diet Verbalizes role of fluoride in making strong teeth
3c: Baby (6-12 months) oral health	Unable to Assess	<ul style="list-style-type: none"> Gums and teeth are not cleaned Sippee cup not introduced at 6 mth Baby walking around with bottle No knowledge of bottle weaning at 12-14 months 	<ul style="list-style-type: none"> Gums and teeth cleaned irregularly Sippee cup introduced after 6 mths Baby walk with bottle occasionally Some knowledge of benefits of bottle weaning at 12-14 months 	<ul style="list-style-type: none"> Cleans baby's gums or teeth daily Sippee cup introduced at six months Baby does not walk with bottle Verbalizes benefits of bottle weaning at 12-14 months
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Oral Health Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#4: Nutrition				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
4a: Maternal Nutrition and Weight Gain	Unable to Assess	<ul style="list-style-type: none"> BMI Lacks food representing most of the food groups for meeting families needs Major barriers to securing, preparing, and/or feeding infant healthy foods 	<ul style="list-style-type: none"> BMI May lack food representing some of the food groups for meeting families needs Some barriers to securing, preparing, and/or feeding infant healthy foods 	<ul style="list-style-type: none"> BMI Adequate food representing all food groups for meeting families needs No barriers to securing, preparing, and/or feeding infant healthy foods
4b: Infant Nutrition and fluid intake	Unable to Assess	<ul style="list-style-type: none"> Major concerns for infant weight loss/gain Inadequate response to feeding cues Infant brought to ER or Pedi for dehydration Does not show proper preparation or storage of breastmilk or formula No knowledge of impact of infant growth spurts on feeding and sleeping patterns 	<ul style="list-style-type: none"> Some concerns for infant weight loss/gain Inconsistent response to feeding cues Willing to learn S+Sof dehydration and # of wet diapers Some knowledge of how to store breastmilk or formula Some knowledge of impact of infant growth spurts on feeding/ sleeping 	<ul style="list-style-type: none"> Adequate infant weight gain (4-6 oz/wk) Adequately responds to feeding cues Knows proper hydration (4-8 wet diapers/day) Knows proper preparation and storage of breastmilk or formula Knowledge of impact of infant growth spurts on feeding and sleeping patterns

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Nutrition Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#5: Breastfeeding				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
5a: Breastfeeding	Unable to Assess	<ul style="list-style-type: none"> Barriers to accessing social or cultural support for breastfeeding Lack of knowledge of breast care 	<ul style="list-style-type: none"> Some barriers to accessing social or cultural supports for breastfeeding Some knowledge of breast care 	<ul style="list-style-type: none"> No Barriers to accessing social or cultural supports for breastfeeding (LaLeche) Knowledge of breast care and S+S of infection
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Breastfeeding Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#6: Physical Activity				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
6a: Maternal Physical Activity	Unable to Assess	<ul style="list-style-type: none"> Lack of knowledge of importance of physical activity for self/ family. Lack of knowledge of interrelationship between diet and physical activity. No regular physical activity, physician approves activity. Watches television more than 2 hours a day. No help for physical condition Has not lost pregnancy weight 	<ul style="list-style-type: none"> Some knowledge of importance of physical activity for self/family. Some knowledge of interrelationship between diet and physical activity. Sporadic physical activity upon physician approval. Watches television about 2 hours a day Some help for physical condition Lost 50% of pregnancy weight 	<ul style="list-style-type: none"> Knowledge of importance of physical activity for self/family. Knowledge of interrelationship between diet and physical activity. Participates in regular physical activity upon physician approval. Watches television less than 2 hours a day. Adequate help for physical condition Has lost pregnancy weight
6b: Baby Physical Activity	Unable to Assess	<ul style="list-style-type: none"> Does not create safe environment and does not encourage activities which facilitate the development of childhood motor skills Lacks knowledge of role of physical activity in facilitating healthy weight, growth and development 	<ul style="list-style-type: none"> Working to create safe environment and encourages activities which facilitate the development of childhood motor skills Some knowledge of role of physical activity in facilitating healthy weight, growth and development 	<ul style="list-style-type: none"> Creates safe environment and encourages activities which facilitate the development of childhood motor skills Understands role of physical activity in facilitating healthy weight, growth and development
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Physical Activity Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#7: Cognitive and Perceptual				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
7a: Cognitive and Perceptual	Unable to Assess	<ul style="list-style-type: none"> Limited cognitive and perceptual abilities; difficulty understanding and using new information. Unable to verbalize methods of learning that are most effective for her. Verbalizes/demonstrates no confidence in problem solving abilities; unable to describe rationale behind decisions made 	<ul style="list-style-type: none"> May have limited cognitive and perceptual abilities; able to understand and use new information. Verbalizes some methods of learning that are most effective for her. Verbalizes/demonstrates some confidence in problem solving abilities; able to describe rationale behind decisions made. 	<ul style="list-style-type: none"> Adequate cognitive and perceptual abilities; able to understand and use new information. Verbalizes methods of learning that are most effective for her. Verbalizes/demonstrates confidence in problem solving abilities/able to describe rationale behind decisions made.
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Cognitive and Perceptual Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#8: Environmental Health and Safety				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
8a: Lead Poisoning	Unable to Assess	<ul style="list-style-type: none"> Lead in environment Denies dangers of lead poisoning and precautions not taken Unable or unwilling to access annual lead testing of children 	<ul style="list-style-type: none"> Concern for lead in environment Verbalizes some of the dangers of lead poisoning and some precautions are taken Some barriers or has not accessed annual lead testing of children 	<ul style="list-style-type: none"> Lead free environment Verbalizes the dangers of lead poisoning and precautions are taken Knows need for annual lead testing of children to the age of four.
8b: Asthma	Unable to Assess	<ul style="list-style-type: none"> Asthmatic child present in home and asthma not controlled Unable to verbalize triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Precautions not taken 	<ul style="list-style-type: none"> Asthmatic child present in home and asthma somewhat controlled Verbalizes some of the triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Some precautions taken 	<ul style="list-style-type: none"> No asthmatic child present in home or present with asthma in control Verbalizes the triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Precautions are taken
8c: Injury Prevention	Unable to Assess	<ul style="list-style-type: none"> Parent does not know basic First Aid/CPR Emergency numbers not available Does not use seat belt Does not verbalize knowledge of car seat safety and does not plan or cannot obtain approved car seat Does not verbalize knowledge of major childhood injury risks and does not practice prevention Does not verbalize knowledge of common safety hazards in home and does not practice prevention Does not use appropriate handwashing Weapons present and not secured 	<ul style="list-style-type: none"> Parent learning basic First Aid/CPR Some emergency numbers available Inconsistent use of seat belt Learning car seat safety and experiences some barriers in obtaining approved car seat Verbalizes some knowledge of major childhood injury risks and inconsistently practices prevention Verbalizes some knowledge of common safety hazards in home and inconsistently practices prevention Inconsistent handwashing Weapons present but secured appropriately 	<ul style="list-style-type: none"> Parent knows basic First Aid/CPR Emergency numbers available including poison control Consistent use of seat belt Verbalizes car seat safety and plans to obtain approved car seat Verbalizes knowledge of major childhood injury risks and consistently practices prevention Verbalizes knowledge of common safety hazards in home and consistently practices prevention Consistent, appropriate handwashing Weapons not present
8d: Housing	Unable to Assess	<ul style="list-style-type: none"> Major safety concerns with housing exists (i.e. fire, mold, animals) 	<ul style="list-style-type: none"> Some safety concerns with housing exist Some concerns for safety of 	<ul style="list-style-type: none"> No major safety concerns with housing Neighborhood is safe

		<ul style="list-style-type: none"> ▪ Neighborhood unsafe ▪ No smoke detectors in place or functioning 	<ul style="list-style-type: none"> ▪ neighborhood ▪ Some smoke detectors in place and functioning 	<ul style="list-style-type: none"> ▪ Smoke detectors are in place and functioning
8e: Occupational Hazards	Unable to Assess	<ul style="list-style-type: none"> ▪ Exposed to occupational hazards ▪ Precautions not taken 	<ul style="list-style-type: none"> ▪ Some knowledge of occupational hazards ▪ Precautions taken inconsistently 	<ul style="list-style-type: none"> ▪ No exposure to occupational hazards ▪ Precautions taken
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Environmental Health and Safety Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#9: Alcohol, Tobacco, and Other Drugs				
Level of Strength				
Screening Tool: 5 P's Screening Tool and Intervention: <ul style="list-style-type: none"> ▪ Did any of your Parents have a problem with alcohol or other drug use? ▪ Do any of your friends (Peers) have problems with alcohol or other drug use? ▪ Does your Partner have a problem with alcohol or drug use? ▪ Before you were pregnant did you have a problem with alcohol or drug use? (Past) ▪ In the past month, did you drink any beer, wine or liquor, or used other drugs? (Pregnancy) ▪ Have you SMOKED any cigarettes in the past three months? <p>A single "YES" to any of these questions suggests further assessment and brief intervention.</p>			A Brief Intervention: ASK: Screen using the 5 P's ASSESS: Is there a current problem? If so, how severe? ADVISE: Recommend abstaining from alcohol/ drug use during pregnancy. Work with patient's reaction using Motivational Interviewing skills. Provide educational materials to patient as needed. Refer to substance abuse professionals for further assessment if necessary. MONITOR: Follow-up on use and provide support	
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
9a: A/OD Screen	Unable to Assess	<ul style="list-style-type: none"> ▪ Positive screen, client use ▪ Use significantly impacts family functioning or precipitating family crisis 	<ul style="list-style-type: none"> ▪ Positive screen for Peers, Partners, Past- client has no current use ▪ Family use mildly impacts family functioning 	<ul style="list-style-type: none"> ▪ Negative Screen
9b: Tobacco	Unable to Assess	<ul style="list-style-type: none"> ▪ Mother smokes ▪ Smoking in home exposure to second hand smoke 	<ul style="list-style-type: none"> ▪ Hx of smoking ▪ Smokers in home smoke outside of the home 	<ul style="list-style-type: none"> ▪ No Hx of smoking ▪ No use in home
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall ATOD Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#10: Violence	
Level of Strength	
Initial DV Screening Questions: <ul style="list-style-type: none"> ▪ Have you ever felt afraid or unsafe with a boyfriend/partner/husband? ▪ Has a current or former partner ever hit, kicked, choked, or threatened you? ▪ Has a boyfriend/partner/husband ever tried to control you? ▪ Have you ever had any kind of unwanted or forced sexual contact? ▪ Are you feeling at all unsafe in any way in your relationship currently? Additional Assessment if above questions answered positively: <ul style="list-style-type: none"> ▪ If feels unsafe – Can you tell me more about what is making you feel unsafe? ▪ If current violence – Has the violence increased or become more severe recently? ▪ Will you be safe when he/she comes home today? ▪ Do you feel you need immediate intervention? 	Intervention: <ul style="list-style-type: none"> ▪ Educate/support ▪ Thank her for disclosure ▪ Articulate concern for safety and well-being ▪ Offer referral/resources ▪ Follow-up soon ▪ Develop safety plan if appropriate, consult with DV Advocate at SAFELINK 877-785-2020 <p>Assess child safety – file 51A if needed, consult with DSS DV Unit at 617-748-2335</p>

Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
10a: Interpersonal and Family Violence	Unable to Assess	<ul style="list-style-type: none"> IPV endangering safety of family Positive screen within one year Current abuse 	<ul style="list-style-type: none"> Positive IPV screen > one year ago and no current risk No Hx of IPV with current partner Does not interfere with family functioning 	<ul style="list-style-type: none"> Negative IPV screen
10b: Child Abuse and Neglect	Unable to Assess	<ul style="list-style-type: none"> Children have been or will be placed outside home No communication or contact between one or both parents and child/ren Open conflict between parents Children have witnessed IPV Parents unable to distinguish between discipline and abuse Current DSS involvement 	<ul style="list-style-type: none"> Children may show some aggression or behavioral issues Parents may have tense relationship but address conflict productively Parents question ability to set limits consistently and provide structure. Hx of abuse but have received professional help. Hx of DSS involvement but resolved 	<ul style="list-style-type: none"> Children live with one or both parents in stable family Parents/partners communicate well with each other and with children Children appear happy and well-adjusted Parents confident in setting limits No Hx of abuse/neglect No Hx of DSS involvement
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Violence Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#11: Emotional Health				
Level of Strength				
Emotional Health Screening Questions:		Full Screen if ≥ 3:		
Over the last 2 weeks how often have you been bothered by the following problems? 0=Not at All 1=Several Days 2=More than half the days 3=Nearly every day		1. Functional impairment: Have these problems made it difficult for you to do your work, take care of things at home, or get along with other people? Yes No		
1. Had little interest or pleasure in doing things? 0 1 2 3		2. Major new life stressors? Yes No		
2. Feeling down, depressed or hopeless? 0 1 2 3		3. Previous Hx of depression emotional health concerns? Yes No		
3. Feeling scared or panicky for no reason? 0 1 2 3		4. Current treatment for depression/MH condition? Yes No		
4. TOTAL SCORE _____ If Score ≥ 3 , Full Screen Required		5. Thoughts of being better off dead, hurting self or hurting others? Yes No		
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
11a: Psychosocial or mental health issues including post partum depression	Unable to Assess	<ul style="list-style-type: none"> Score ≥ 3 on Emotional Health Screen Responds positively to Full Screen No Knowledge of PPD Changes in appetite, sleep, energy or activity that impact ADL Hx of depression or hospitalization Current use of antidepressants Current or Hx of suicide or expression of wanting to hurt others 	<ul style="list-style-type: none"> Score 1-2 on Emotional Health Screen Some knowledge of PPD Some changes in appetite, sleep, energy or activity, but no major impact on ADL Hx of depression – treated professionally No past hospitalization Past use of antidepressants Hx of suicidal ideation--treated professionally 	<ul style="list-style-type: none"> Score 0 on emotional health screen Knowledge of PPD No changes in appetite, sleep, energy or activity level except as related to normal PP changes No current or past Hx of depression No past hospitalizations No Hx/current use of antidepressant No Hx/current suicidal ideation or expressions of wanting to hurt others
11b: Maternal Stress and Anxiety	Unable to Assess	<ul style="list-style-type: none"> Positive response to #3 on Emotional Health Screen Physical or emotional stress – feeling overwhelmed Current unhealthy coping mechanism (drugs, unsafe sex, excessive food, tobacco use, uncontrolled anger/violence, rage) 	<ul style="list-style-type: none"> Negative response to #3 on Emotional Health Screen Some physical or emotional symptoms indicating stress Hx of poor coping strategies but recognizes/sought professional help 	<ul style="list-style-type: none"> Negative Response to #3 on Emotional Health Screen No physical or emotional symptoms indicating stress response Current healthy coping strategies Avoids unhealthy coping mechanisms (drugs, unsafe sex, excessive food, tobacco, violence)
11c: Trauma and Loss	Unable to Assess	<ul style="list-style-type: none"> Current trauma or loss Poor coping in response to trauma or loss 	<ul style="list-style-type: none"> Hx/Current trauma/loss-sought professional help Hx of poor coping in response to 	<ul style="list-style-type: none"> No Hx of trauma or loss Healthy coping in response to trauma or loss

		<ul style="list-style-type: none"> Hx/Current abuse (sexual, physical, verbal) not addressed Witnessed violence 	<ul style="list-style-type: none"> trauma/loss-sought professional help Hx of abuse (sexual, physical, verbal)-professional help sought Witnessed violence-professional help sought 	<ul style="list-style-type: none"> No Hx of abuse (sexual, physical, verbal) No violence witnessed
11d: Self Concept/Self Perception	Unable to Assess	<ul style="list-style-type: none"> Poor sense of self/ low self-esteem Negative impact of parenthood on lifestyle 	<ul style="list-style-type: none"> Hx of low self-esteem Some negative impact of parenthood on lifestyle but positive impact outweighs negative impact 	<ul style="list-style-type: none"> Positive sense of self Positive impact of parenthood on lifestyle
11e: Relationships	Unable to Assess	<ul style="list-style-type: none"> Feels isolated from people, agencies, services or unable to access help with physical, emotional and social needs Feeling alienated/isolated from partner, family, and/or friends 	<ul style="list-style-type: none"> Identifies people, agencies, services for help with physical, emotional and social needs; not always accessed Relationship with partner, family and/or friends is sometimes strained 	<ul style="list-style-type: none"> Identifies people, agencies, services for help with physical, emotional and social needs Communicative, supportive and close relationship with partner, family & friends
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Emotional Health Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#12: Healthy Parenting				
Level of Strength				
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
12a: Parent's Transition to Parenting	Unable to Assess	<ul style="list-style-type: none"> Has unrealistic expectations of baby's care needs Unable to make necessary lifestyle changes/ adaptations to meet baby's needs Negative statements about own ability to parent Negative perception of parenting Inadequate nutrition and minimal rest to care for baby Barriers to learning about parenting, child development, nurturing, and bonding 	<ul style="list-style-type: none"> Uncertain expectations of baby's care needs Inconsistently makes necessary lifestyle changes/adaptations to meet baby's needs Lacks confidence in ability to parent Some ambivalence of parenting Inconsistent nutrition and sporadic rest to care for baby Some barriers to learning about parenting, child development, nurturing, and bonding 	<ul style="list-style-type: none"> Realistic expectations of baby's care needs Able to make necessary lifestyle changes/adaptations to meet baby's needs Positive statements about ability to parent Positive perception of parenting Adequate nutrition and rest to care for baby No barriers to learning more about parenting, child development, nurturing, and bonding
12b: Parent-Baby Attachment	Unable to Assess	<ul style="list-style-type: none"> Early bonding experiences were negative/abusive Lethargic, withdrawn baby Barriers to accurately interpreting baby's signals and cues 	<ul style="list-style-type: none"> Early bonding experiences were indistinct Baby inconsistently alert/responsive Difficulty with accurately interpreting baby's signals and cues 	<ul style="list-style-type: none"> Early bonding experiences were positive Alert, responsive baby Accurately interprets baby's signals and cues
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Healthy Parenting Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#13: Neonatal and Developmental Assessment
Level of Strength

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Neonatal and Developmental Assessment Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)
Tool Used:				

KAA#14: Medical History and Physical Assessment									
Age:	GR:	P:	EDC:	Height:	Weight:	If Indicated:	B/P:	HR:	
RR:	Temp:	Allergies:	Current Medications:		CAD	HTN	Diabetes		
Seizures	Asthma		Urinary	Anemia/Coag	Thyroid Dx		Osteoporosis		
Mental Illness	Surgeries		Cancers (Breast, Ovarian, Colon)			Risk: Average?	Last CBE		
Last Mammogram		Birth Defects/Genetic Susceptibility		Diet	BC Plans		Any Risk Factors		
Skin: NP (Cap refill/Temp/Turgor WNL) Edema lesions erythema pruritus GI: NP(Adequate Appetite ,Appropriate wt. Gain) Anorexia Nausea Vomiting Constipation									
GU: NP, Burning Frequency Incont. Painful Color Clarity									
Postpartum Maternal: C-Section: N/A NP(Healing well) Erythema Drainage Painful Episiotomy: N/A NP(Healing well) Erythema Drainage Painful									
Breasts: NP Supportive Bras Engorged Erythema Painful Cracked Repro: Lochia: Rubra (1-4), Serosa(5-7), Alba(1-3wks), inc. discharge, Odor, Bleeding (frank red bld) Concerns:									
2 – 12 months Postpartum: Repro: NP, increased or changed discharge, odor Postpartum F/U complete: Contraception Method w/o probs									
Infant Assessment: Weight gain since birth Normal/At-risk AHR: murmurs noted: RR: Temp (if ind): General appearance: WNL Tone: WNL									
Reflexes: Skin: NP Well Hydrated Cap refill/Temp/Turgor: WNL Umbilicus: N/A NP(Healing well) Erythema Drainage Edema									
Circumcision: N/A NP(Healing well) Erythema Drainage Edema GI: NP (Adequate appetite, Adequate wt gain) Colicky, Vomiting, Constipation, Jaundice									
GU: Voiding WNL: Stool WNL: Risk factors for sensorineural hearing impairment?									

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Physical Assessment Level of Strength	Unable to Assess	1 (low)	2 (moderate)	3 (high)